

# PRAYER

## contemplative

### family activity

Make a scripture meditation jar this week! Find 7 scriptures (one for each day of the week) to meditate on together as a family.

### discussion questions:

1. God can speak to us in many different ways. How does God usually show up in your prayers?
2. Sometimes he speaks to us through pictures he puts in our minds. What do you think those pictures from God represent?
3. What do you think God is trying to say to you through those images?

### note:

Meditating on scripture means thinking about it's meaning deeply and talking to God about how it applies to you.

## week 2